

# Spray Tanning FAQ's

## Is Spray Tanning Safe?

Yes. Spray tanning is the safe alternative to indoor tanning and according to the Mayo Clinic; sunless tanning is a practical alternative to sunbathing. Since DHA works with the top layer of the skin, it is not absorbed through the skin – into the body and has no known toxicity. DHA has been used in cosmetic preparations and sunless tanning products since the 1960's and has been listed with the Food & Drug Administration (FDA) since 1973. However, DHA is restricted to external application only. DHA is not recommended for contact to areas of the body surface covered by mucous membrane such as lips, eyes and nostrils. If desired, proper eye, nose & mouth protection are available. Chapstick on the lips during your spray tan sessions is advised.

## What Is DHA?

DHA is the active ingredient in the most effective sunless tanning products. It is important to know that DHA, also known as Dihydroxyacetone, is derived from plant sources such as sugar beets and sugar cane, and there have been no known adverse effects caused by DHA. When DHA is applied to the skin, it causes a chemical reaction with the amino acids in the outermost layer, (dead skin cells), to change it's color. This is what happens when UV rays hit the skin as well. Spray tanning however does this safely at a quicker/stronger rate without the damaging affects of UVA and UVB rays let off by the sun and indoor tanning beds.

## How Long Does A Spray Tan Last?

Skin naturally wants to shed its top layer on average every 7 days depending on the shape it's in. The more hydrated and moisturized it is, the longer a tan will last. Typically a spray tan will last anywhere from 5-10 days. The better care you take of your skin, the better your spray tan will look, feel and last.

## Will I Turn Orange After A Spray Tan?

I use the highest quality of spray tan solution available. If you prep your skin correctly, follow my aftercare tips and don't get sprayed too dark for your skin tone, you shouldn't ever look orange. Getting sprayed with cheaper solutions with less natural-looking tones or those that contain beta-carotene, which is found in carrots, will make your skin appear orange.

## Will You Still Burn In The Sun With A Spray Tan?

Yes. You can still burn in the sun even if you have a spray tan. Always wear sunscreen and reapply every couple of hours.

## Can You Get a Suntan Through A Spray Tan?

Yes. You can tan your skin with UV rays through a spray tan. Spray tans do not act as sunscreen and offer no more protection than bare skin. Avoid indoor tanning beds and make sure you always wear sunscreen outdoors. Be sure to reapply every couple of hours as well.

## If You Are Tan Naturally Can You Still Get A Spray Tan?

Yes. Spray tans usually look better on skin they can blend well with. Any color of skin can get sprayed. From some of the fairest white skin colors to some of the deepest black colored clients. My custom sunless tanning solution makes all skin glow and look more radiant. It can also make uneven spots and areas blend together to appear smoother.

## What Is The Difference Between A Custom & Booth Spray Tan?

Booth spray tans and custom spray tans are the most popular ways to get a full body spray tan. Spray tan booths usually spray your entire body in about 3 minutes. This is a quick way to obtain a tan, but the results are usually far from flawless. Booth sprays tans distribute the same amount of solution to each area of the body so there is no customization. Typically faces end up too dark and legs are not dark enough. Tiny, freckled looking spots are usually visible after a booth spray as well. I highly recommend spending a little extra money on a custom spray tan because the results can be drastic. A spray tan is the closest thing you can get to a flawless, natural-looking glow.